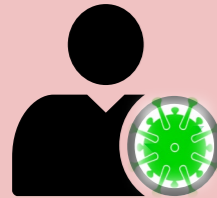


FCSS Employees COVID-19 Illness and Quarantine Guidelines

Report all cases by email to covid19report@fcoe.org OR by phone (559) 497-3889

PERSON A



Any person who has tested positive for COVID-19 & confirmed with lab result

With symptoms:

Isolation until the following requirements have been met:

- ✓ 10 days since symptoms first appeared **and**
- ✓ 24 hours* (1 day) with no fever (without the use of fever-reducing medicine) **and**
- ✓ [Symptoms](#) have improved

*The 24 hours without fever may possibly occur within the 10 days of isolation, or after the 10 days

Without symptoms (asymptomatic):

Isolate for 10 days from test date:

- ✓ Monitor self for symptoms, take temperature twice a day
- ✓ Released from isolation after 10 days have passed as long as no symptoms have been present

PERSON B



Any person who is solely symptomatic or who has tested for COVID-19 due to symptoms and waiting for lab results

With symptoms:

Isolation until the following requirements have been met:

- ✓ 24 hours* (1 day) with no fever (without the use of fever-reducing medicine) **and**
- ✓ [Symptoms](#) have improved

***Person B** should test for SARS-CoV-2, OR consult with their healthcare provider. A note from their healthcare provider that has documentation that the symptoms are typical of their underlying chronic condition (e.g., allergies or asthma) OR a healthcare provider has confirmed an alternative named diagnosis (e.g., Streptococcal pharyngitis, Coxsackie virus), can clear employee to come back to work.

PERSON C



Any person who lives in the same household with Person A

If Person C is without symptoms (asymptomatic):

- ✓ Quarantine for 10 days following date of last **exposure including complete separation from the person in your house with COVID-19**. This means no contact, no time together in the same room, and no sharing of any spaces, such as same bathroom or bedroom.
- ✓ Quarantine to continue for 10 days after Person A completes isolation if unable to avoid exposure to **Person A**.

*If person C becomes symptomatic, contact covid19report@fcoe.org or (559) 497-3889 for next steps.

PERSON D



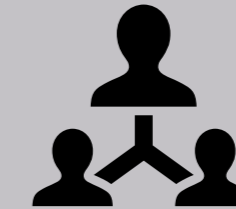
Any person with close contact to Person A (>15 min (cumulative per day), < 6 feet)

Quarantine immediately for 10 days** following date of last exposure

- ✓ Contact covid19report@fcoe.org or (559) 497-3889 with any questions
- ✓ Monitor self for symptoms, take temperature twice a day
- ✓ Notify Primary Care Provider if symptoms develop

**If a healthcare worker is quarantined, the length of quarantine is reduced to 7 days with a negative test result after day 5.

PERSON E



Any person who has had exposure to Person B, C OR D

NO QUARANTINE OR ACTION REQUIRED unless:

- Person C or Person D develops symptoms OR tests positive, and Person E had contact within 14 days (timeline should start 2 days before Person C or Person D develops symptoms) **then:**
- ✓ Continue to self-certify your health on a daily basis.
- ✓ Contact covid19report@fcoe.org or (559) 497-3889 with questions regarding timing and exposure

PERSON F



Any person who is fully vaccinated for COVID-19

Person F needs to continue to practice social distancing, masking, handwashing, etc.

If Person F is exposed to COVID-19:

- ✓ If asymptomatic, no quarantine is needed.
- ✓ If symptomatic, COVID-19 testing and contacting primary physician is recommended. Employee may return to work when symptom-free.

If Person F tests positive for COVID-19:

- ✓ Must isolate for 10 days and can return when symptom-free for 24 hours (1 day) with no fever (without the use of fever-reducing medicine).



Recovered and Released

Definitions:

Isolation separates infected people with a contagious disease from people who are not sick.

Quarantine separates and restricts the movement of people who were exposed to a contagious disease to see if they become sick.

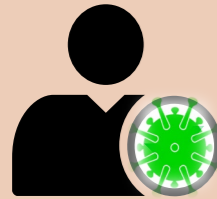
Close Contact a person within 6 feet for more than 15 minutes (cumulative per day), regardless of whether person(s) are wearing a mask, starting from 48 hours before the person began feeling sick.

For more information on COVID-19, please refer to the Fresno County Department of Public Health [website](#) or call at 559-600-3332.

FCSS Students COVID-19 Illness and Quarantine Guidelines

Report all cases to the school absence reporting line.

STUDENT A



Any student who has tested positive for COVID-19 & confirmed with lab result

With symptoms:

Isolation until the following requirements have been met:

- ✓ 10 days since symptoms first appeared **and**
- ✓ 24 hours* (1 day) with no fever (without the use of fever-reducing medicine) **and**
- ✓ [Symptoms](#) have improved

*The 24 hours without fever may possibly occur within the 10 days of isolation, or after the 10 days

Without symptoms (asymptomatic):

Isolate for 10 days from test date:

- ✓ Monitor self for symptoms, take temperature twice a day
- ✓ Released from isolation after 10 days have passed as long as no symptoms have been present

STUDENT B



Any student who is solely symptomatic or who has tested for COVID-19 due to symptoms and waiting for lab results

With symptoms:

Isolation until the following requirements have been met:

- ✓ 24 hours* (1 day) with no fever (without the use of fever-reducing medicine) **and**
- ✓ [Symptoms](#) have improved

*Student B should have a negative test for SARS-CoV-2, OR a healthcare provider has provided documentation that the symptoms are typical of their underlying chronic condition (e.g., allergies or asthma) OR

a healthcare provider has confirmed an alternative named diagnosis (e.g., Streptococcal pharyngitis, Coxsackie virus), OR

at least 10 days have passed since symptom onset.

STUDENT C



Any student who lives in the same household with Person A

If Student C is without symptoms (asymptomatic):

- ✓ Quarantine for 10 days following date of last **exposure including complete separation from the person in your house with COVID-19**. This means no contact, no time together in the same room, and no sharing of any spaces, such as same bathroom or bedroom.
- ✓ Quarantine to continue after **Person A** completes their isolation if unable to avoid exposure to **Person A**.
 - ✓ If Student C remains asymptomatic, they may discontinue quarantine under the following conditions:
 - ✓ Quarantine can end after Day 10 from the date of last exposure without testing.
 - ✓ Quarantine can end after Day 7 if a diagnostic specimen is collected after Day 5 from the date of last exposure and tests negative.

*If Student C becomes symptomatic, follow the instructions under Student B.

STUDENT D



Any student with close contact to Person A (>15 min (cumulative per day), < 6 feet)

If **Student D** is exposed and both Student D and the positive student were **UNMASKED**, Student D must quarantine.

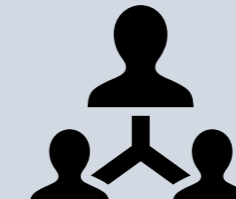
If Student D remains asymptomatic, they may discontinue quarantine under the following conditions:

- ✓ Quarantine can end after Day 10 from the date of last exposure without testing
- ✓ Quarantine can end after Day 7 if a diagnostic specimen is collected after Day 5 from the date of last exposure and tests negative.

If **Student D** is exposed and both students were **MASKED**, **Student D** may enter a "Modified Quarantine". Students under a Modified Quarantine can continue to come to school under the following conditions:

- ✓ Are asymptomatic
- ✓ Continue to appropriately mask, as required
- ✓ Undergo at least twice weekly testing during the 10-day quarantine, and
- ✓ Continue to quarantine for all extracurricular activities at school, including sports, and activities within the community setting.

STUDENT E



Any student who has had exposure to Student B, C OR D

NO QUARANTINE OR ACTION REQUIRED

- ✓ Continue to self-certify your health on a daily basis.

If **Student B, C or D** with whom **Student E** had exposure within 14 days tests positive (timeline should start 2 days before **Student B, C or D** develops symptoms), then follow directions for Student D.

STUDENT F



Any student who is fully vaccinated against COVID-19

Student F needs to mask and should continue to practice handwashing, etc.

If Student F is exposed to COVID-19:

- ✓ If asymptomatic, no quarantine is needed.
- ✓ If symptomatic, COVID-19 testing and contacting primary physician is recommended. Student may return to school when symptom-free for 24 hours.

If Student F tests positive for COVID-19:

- ✓ Must isolate for 10 days and can return when symptom-free for 24 hours (1 day) with no fever (without the use of fever-reducing medicine).



Recovered and Released

Definitions:

Isolation separates infected people with a contagious disease from people who are not sick.

Quarantine separates and restricts the movement of people who were exposed to a contagious disease to see if they become sick.

Close Contact a person within 6 feet for more than 15 minutes starting from 48 hours before the person began feeling sick (see Student D).